



Informed Consent

Facial Volume/Facial Fat Grafting



**INSTRUCTIONS**

This is an informed consent document to help you learn about facial fat grafting. It will outline the risks and alternative treatments.

GENERAL INFORMATION

Facial Fat grafting is different for every patient, depending on his or her needs. These treatments can be done to parts of the face, like the eyelids, forehead, and lips. There are stem cells in the fat that improve the quality of the skin, thickening the dermis, and enhancing elasticity of the skin. Facial fat grafting does not stop you from aging.

OTHER TREATMENTS

There are other ways to treat wrinkles and dents in your face. You can also choose to not to have any treatment. Other treatment options are laser treatment, chemical skin peels, skin resurfacing, or other skin procedures. Another option includes surgery like a blepharoplasty (eyelid lift), face lift, or brow lift. All treatments have their own risks and potential problems.

SPECIFIC RISKS OF FACIAL VOLUME/FAT GRAFT INJECTIONS**Bleeding and Bruising:**

Although it is rare, you may have bleeding after fat grafting. You might see bruising or your blood vessels might be injured. If you have bleeding problems, you might need emergency treatment or surgery. You are more likely to bleed if you take certain medications and supplements. These include aspirin, anti-inflammatory medications, platelet inhibitors, anticoagulants, vitamin E, ginkgo biloba, and other herbs and homeopathic remedies. Be sure to tell your doctor about every medication you're taking.

Swelling:

It's normal to have some swelling (edema) after getting your treatment. This usually goes away after a few days. If the swelling doesn't go away within a week, you may need more treatment. Swelling around your lower eyelid may last for a longer time.

Pain:

You may have some pain or discomfort after the treatment. It usually doesn't last very long. It is rare to have pain that lasts.

Needle Marks:

It's normal to have some visible needle marks after a treatment. These usually go away after a few days.

Skin Sensitivity:

You might have a skin rash, itching, tenderness, and swelling after your injections. After treatment, you should be careful to protect your skin until the swelling or redness goes away. Avoid getting too much sun. Don't use UV lamps. Avoid really cold weather. If you are thinking about getting laser treatment, chemical skin peels, or any other skin procedure after filler treatment, you may want to wait. If you've had treatments like this recently and your skin hasn't fully healed, you could have more swelling, bruising, or redness from the injections. You might have problems with your skin or lips.

Erythema (Skin Redness):

It's normal for your skin to be red for a few days after the procedure.

Vision Abnormalities:

In rare cases, you might have problems with your eyesight or even blindness after a fat graft injection.

**Stroke:**

In rare cases fat grafting can block the oxygen going to your brain, causing a stroke.

Under/Over Correction:

Soft tissue fat grafting to fix wrinkles and problems with the shape of your face may not give you the results you want. The amount of correction made may be less or more. Each person's tissue injection process is different and cannot be controlled in the same way. If under-correction occurs, you may be asked to go in for more fat injections.

Asymmetry:

Everyone's face is different on each side. This asymmetry is normal. It may not be possible to get or maintain perfect symmetry with tissue filler injections. Each side of your face might react differently to the treatment. You may need more injections to fix this.

Damage to Deeper Structures:

Injections might injure your nerves, blood vessels, muscles, and other structures. The risk of this happening depends on the type of treatment. Injuries to deeper structures may be temporary or permanent.

Skin Lumps:

You might notice lumps in your skin after a fat grafting. This is likely to go away over time. Some people may feel the injected fat for a long period of time.

Accidental Intra-Vascular Injection:

In rare cases, fat could accidentally be injected into your blood vessels instead of under your skin. This might block blood flow. Blocked blood flow to the face can cause skin loss or make the tissue die. Blocked blood flow to your eye can affect your vision or cause blindness. Scientists are still learning about the risks and consequences of accidentally injecting fat into the blood stream. That means we can't predict what might happen after an injection.

Scars:

If you tend to scar easily or are likely to develop noticeable scars (keloids or hypertrophic scars), you shouldn't get fat grafting treatment.

Long-Term Effects:

Facial fat grafting is a permanent procedure, but as you age you have to get more injections to keep seeing results. You will see other changes to your face and eyelids with time, owing to natural processes like aging, weight loss or gain, sun exposure, or other factors not related to fat grafts. To keep looking the way you want to, you might need surgery or other treatments in the future. Fat grafts do not stop you from aging. They won't permanently tighten your skin.

Additional Treatment:

Many things can affect the results of your fat grafting. Even though the risks and problems described here are rare, they sometimes happen to people who get facial fat grafting. You may have other problems and risks. These are even more rare. If you have problems after your procedure, you may need more treatment or surgery. Although most people will see good results, there is no guarantee for the results.

DISCLAIMER

Informed consent documents give you information about a surgery you are considering. These documents explain the risks of that surgery. They also discuss other treatment options, including not having surgery. This document is made after a full review of scientific literature and clinical practices. They describe a range of common risks and other forms of management of a disease.



However, informed consent documents can't cover everything. Your plastic surgeon may give you more or different information. This may be based on the facts of your case.

Informed consent documents are not meant to define or serve as the standard of medical care. Standards of medical care are determined based on the facts involved in an individual case. They may change with advances in science and technology. They can also change with the way doctors practice medicine.

It is important that you read the above information carefully and get all your questions answered before signing the consent agreement on the next page.



CONSENT FOR PROCEDURE OR TREATMENT

1. I permit Dr. Matthew C Camp and the doctor’s assistants to give me a **facial fat graft**.
2. I got the information sheet on **facial volume/fat grafting**.
3. I understand that, during the procedure, an unexpected situation may require a different medical procedure than the procedure listed above. I permit the doctor listed above, the assistants, and/or designees to provide any treatment(s) that my doctor thinks are needed or helpful. My permission includes all treatments that my doctor does not plan to do at the start of the procedure.
4. I understand what my surgeon can and cannot do. I understand that no warranties or guarantees have been hinted at or stated outright about the outcome of the procedure. I have explained my goals. I understand which outcomes are realistic and which are not. All my questions have been answered. I understand the procedure’s risks. I am aware of other risks and possible issues, benefits, and options. I understand and choose to have the procedure.
5. I agree to the anesthetics and medications that are needed or helpful. I understand that all types of anesthesia have risks and may result in complications, injury, and even death.
6. I am aware of the serious risks to my health when blood products are used. I agree to my doctor using them if my doctor, assistants, and/or designees think they are needed or helpful.
7. I agree to the disposal of any tissue, medical devices, or body parts taken out during or after the procedure. I also agree to any additional surgeries or treatments that are needed or helpful.
8. I agree to have parts of my body photographed or televised appropriately before, during, and after the procedure for medical, scientific, or educational reasons, if the pictures do not reveal my identity.
9. For medical education, I agree that onlookers can be in the operating room.
10. I permit my Social Security Number to be given to the right agencies for legal reasons and medical device registration, when necessary.
11. I agree to the charges for this procedure. I understand that the doctor’s charges are separate from the charges for the hospital and the anesthesia. I understand that there may be more charges if more procedures or treatments are needed or helpful. I agree to those charges, if any.
12. I understand that not having the procedure is an option and that I can opt out of having the procedure.
13. IT HAS BEEN EXPLAINED TO ME IN A WAY THAT I UNDERSTAND:
 - a. THE ABOVE PROCEDURE TO BE PERFORMED
 - b. THERE MAY BE OTHER SURGERIES OR TREATMENT OPTIONS
 - c. THERE ARE RISKS TO THE PROCEDURE

I CONSENT TO THE PROCEDURE AND THE ITEMS THAT ARE LISTED ABOVE (1-13).
 I UNDERSTAND THE EXPLANATION AND HAVE NO MORE QUESTIONS.

Patient or Person Authorized to Sign for Patient Date/Time

Witness Date/Time